

# Headway Monthly Bulletin



Issue 5

October 2009

**Leicestershire Leicester and Rutland Headway**  
*Providing support for people with brain injuries*

## A bright future for Jackie

Jackie has taken on a new and exciting challenge with the Leicester Royal Infirmary. She is working with patients providing holistic therapies such as hand massage to help people to relax and be more comfortable. Jackie says that people often just want someone to talk to and the therapies are a way of breaking the ice.



*Jackie adding new strings to her bow ...*

Jackie has also joined Ability Works to help her to become ready for paid employment. They are helping Jackie with her CV and interview skills.

**Colin Power**  
Future Pathways  
Co-ordinator

Headway's Monthly Bulletins may also be viewed on our Website  
[www.headwayleicester.org.uk](http://www.headwayleicester.org.uk)

## Farewell Sue

By Mary Goult, Services' Director

The majority of people who have had anything to do with Headway will know Sue Hannam.

Sue has been part of the Headway team for 16 years but her involvement goes beyond that. Sue first came to Headway as a tutor, but liked it so much she stayed, becoming only the second person to be employed by Headway Leicester. Sue has witnessed many changes and developments to the organisation and seen many staff, members and trustees come and go. In her role as Education Team Leader she has built up a fantastic relationship with Leicester College, resulting in a comprehensive provision of supported college opportunities being offered to Headway members.

Sue has many talents

and delivered talks about Headway and acquired brain injury to many audiences. One of her real skills is to get people to open up to her and share tidbits about their lives and use this knowledge when supporting them. Sue often trawled the internet and newspapers for relevant clippings about their hobbies and interests that she could discuss with members; Sue can speak knowledgeably on several obscure topics as a result!

When I asked other members of the team, words such as determined, committed and trusted were used to describe Sue. It was also said that, in the past, she bore a strong resemblance to Anne Robinson .....

Sue has been involved in her fair share of

Headway holidays, supporting groups down to Churchtown Farm in Cornwall on marathon 8 day trips. This is when her fantastic dry sense of humour will have come into its own, as well as her ability to know what is required without being asked.

Sue officially left Headway at the end of September, she has already received a huge bouquet of flowers from the trustees and her colleagues are planning a suitable leaving gift. If you would like to send a message or a card we will be happy to forward them to Sue (send to: Sue Hannam, c/o Headway, 4 Hospital Close, Leicester, LE5 4WP).

*It just leaves me to say (in an Anne Robinson voice); "Sue Hannam. You have now left Headway. Goodbye!"*

## Fundraising News

You see, the trouble is, most of what I'm doing at the moment involves sitting at a desk filling in forms and writing 'begging' letters - not very interesting to read about! But we did have the AGM, and I got some fantastic, and some very moving personal stories, quotes and photos that



I can use to animate my applications and add some personality - in the case of Jackie and Jayne - LOTS of

personality! We're much more likely to attract funding if people can see who the money will benefit. There are no events to report on this month but, there is talk of another curry night so watch this space just in case.

**Alison Leight**  
Fundraiser

**Happy Birthday  
Headway!**



Next year is the 20th anniversary of the opening of Headway House. It actually opened in September 1990, but we want to spend the whole year celebrating! We are creating a 'shopping list' of 20 items from £20 to £20,000 to raise money for, so please let our Fundraiser, Alison Leight, know if you have any ideas for things we need. Also, if you've got any ideas for special slogans to help promote our birthday, ideas for events, or people and businesses that may want to support us – all your ideas are most welcome!

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**Sailing away in Neatishead, Norfolk**



**Fish and chips by the  
seaside**

During one sunny weekend in September a group of us from Headway went to Neatishead in Norfolk. I really enjoyed

the trip going sailing, canoeing and meeting lots of new people. I steered the



**Richard, Sury, Phillip and  
Penny: Crew of the Titanic ...**

boat and the sail boat and the cruiser. The bungalow was a nice place to stay and Norfolk was very nice too.

**Richard Taylor**



**I am sailing ...**

**About time we had some sun**

"Let's hope the sun is always out . . . after I've spent so many hours making this sundial, and carefully painting all the letters and numbers, otherwise I'll have to buy a digital clock!"

"I saw it in a book and it looked nice, and I thought I've never

done this before, I'll give it a try. I needed a new clock anyway. There wasn't so much woodwork involved, it was more painting, and

more thought went into this than any projects I've done before. The metal pointer was the most time consuming bit to make because the design of it was complicated and hard. All in all it was very enjoyable to do and I surprised myself because I didn't think I could do something like this. It's made me realise that nothing is beyond you if you put your mind to it."



**Andy Rees**

**Do you need help after an accident?**

The firms of solicitors on this short list are all members of the Law Society's Accident Line Scheme and have solicitors approved by the Society's Personal Injury Panel.

Osborne Morris & Morgan  
Solicitors & Neurolawyers  
Danbury House  
West Street  
Leighton Buzzard  
Bedfordshire LU7 7DD  
Tel 01525 378177  
Fax 01525 851006  
Contact Eric Morris

Nelsons Solicitors LLP  
Solicitors  
Provincial House  
37 New Walk  
Leicester LE1 6TU  
Tel 0116 2226666  
Fax 0116 2337822  
Contact Chris McKinney

Harvey Ingram LLP  
Solicitors  
20 New Walk  
Leicester LE1 6TX  
Tel 0116 2545454  
Fax 0116 2554559  
Contact Robert Rose

Freeth Cartwright  
Solicitors  
108-110 New Walk  
Leicester  
LE1 7EA  
Tel 0116 2014000  
Fax 0116 2014002  
Contact Jane T Williams

*Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor but is pleased to have the generous support of these four firms.*

**LL&R Headway  
On the Web**

Don't forget Headway has launched its new website at [www.headwayleicester.org.uk](http://www.headwayleicester.org.uk)

It is being updated and links with other useful organisations are being added. We have included a 'forum' so people can stay in touch, ask questions and chat about their interests and experiences. We hope these bulletins helping to keep you informed about current information. Let us know what you think and all ideas are most welcome!