

Headway Monthly Bulletin



Issue 73

October 2015

Leicestershire Leicester and Rutland Headway
Providing support for people with brain injuries

New Workshops at Headway

Earlier this year we ran a consultation exercise with Headway members to find out what kind of things they would like to do. As a result, on August 5th, Assistant Day Service Manager, Lisa, launched a programme of structured activities on Wednesdays; and with the help of Support Workers, Alison and Maggie, they are proving to be a huge success. There is a choice between Brain Injury Awareness workshops, crafts, and woodwork in the

mornings, and social activities in the afternoons. The new structure is popular with the members.

Headway Member and Trustee Jayne said she had learned more about brain injury in the last month with Lisa than in all her time working in the NHS.

The programmes run for 8 weeks at a time, with a 2 week break in between. The sessions have so far included clock-making, decoupage and the effects of brain injury.

The next block of activities will include a different choice of projects, and if they continue to be so



Brain Injury Awareness group

popular, the idea may be rolled out across other days of the week.

The Wednesday sessions are open to all those with a brain injury, so contact Lisa on 0116 2739763, if you would like to join in, or just find out more.

Cakes by Sally and Nino



We recently discovered that Nino, one of Headway members is a talented baker. Along with his wife Sally, they produce some of the most stunning celebration cakes you've ever seen. They made this fresh cream cake for the members with their picture on, and it tasted just as good as it looks! Take a look at their Facebook page to see more of their work.



Steph doing decoupage

The Cream of Devon's Hospitality

As some of you may know, Andy, who used to attend Headway, has moved to Devon and Maggie and Gina went to see him last month. They had a

lovely time and Gina said, she really liked it in Devon and would like to live there (not necessarily with Andy though!). 😊



Gina, Andy and Maggie

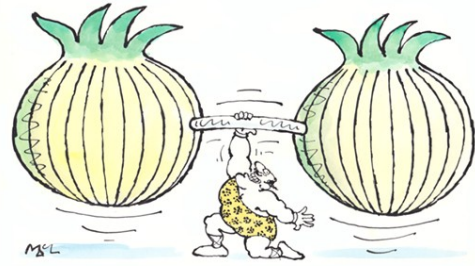


JustTextGiving™
by **vodafone**

So, what IS Onion Sunday?...

... is the question we were asked most of all last month, and now, because we were there this year, we can tell you! I.O.G.A., the Illston Onion

Growers Association have an annual competition to see who can grow the heaviest, biggest and best onions. They hold the competition in a pub, and at the same time raise huge sums of money



for local charities. This year, we were one of these lucky charities and we are set to receive more than £2,400. This means the day raised over £7,500 which is astonishing for a tiny village. Many, many

thanks to all who donated, and bid in the auction and for everyone's hard work. It was a lovely day with cakes, raffles, tombola, barbeque and music, and the sun shone too. We shall definitely be there next year!



Donating to Headway Leicester through JustGiving is simple, fast and totally secure.

Your details are safe with JustGiving; they'll never sell them on or send unwanted emails.

JustTextGiving™
by **vodafone**

You can now also donate quickly, safely and easily: just text **LLRH01** £2, £5 or £10 to 70070

For more information, please contact:
Alison Leight
FUNDRAISER
Headway Leicester
4 Hospital Close
Leicester, LE5 4WP



The Law Society

Do you need help after an accident?



The Law Society

Affinity Law Ltd
100 New Walk
Leicester
LE1 7EA
Tel 0116 2627292
Fax 0116 2552914
Email dawn@affinitylaw.co.uk
[Link to website](#)

Bray & Bray
Solicitors
Spa Place
36-42 Humberstone Road
Leicester LE5 0AE
Tel 0116 2548871
Fax 0870 3835023
[Link to website](#)

Freeth Cartwright
Solicitors
Imperial House
108-110 New Walk
Leicester LE1 7EA
Tel 0116 2014000
Fax 0116 2014002
Contact Jane T Williams
[Link to website](#)

LIME—
The Personal Injury Company
1 Meridian South
Meridian Business Park
Leicester
LE19 1WY
Contact Robert Rose
Tel 0845 630 8850 ext 4406
Mobile 07834 129694
Email robert.rose@limepersonalinjury.co.uk
Website
www.limepersonalinjury.co.uk
[Link to website](#)

Nelsons Solicitors
Solicitors
Provincial House
37 New Walk
Leicester LE1 6TU
Tel 0116 2226666
Fax 0116 2337822
[Link to website](#)

Osborne Morris & Morgan
Solicitors & Neurolawyers
Danbury House
West Street
Leighton Buzzard
Bedfordshire LU7 7DD
Tel 01525 378177
Fax 01525 851006
Contact Tim Woolford
[Link to website](#)

Shoosmiths
Solicitors
The Lakes
Northampton NN4 7SH
Tel 03700 863195
Fax 03700 863460
Contact Chris McKinney
[Link to website](#)

Spearing Waite LLP
41 Friar Lane
Leicester, LE1 5RB
Tel: 0116 262 4225
Fax: 0116 251 2009
Email:
greg.bee@spearingwaite.com
[Link to website](#)

Headway
Leicester is
supported by:



Lloyds TSB Foundation
for England and Wales



Support · Achieve · Progress
Leicestershire Leicester and Rutland

© 2015 LEICESTERSHIRE
LEICESTER AND RUTLAND
HEADWAY

4 HOSPITAL CLOSE
LEICESTER LE5 4WP
Tel 0116 2739763
Fax 0116 2733212
Email
headway@headwayleicester.org.uk
Website
www.headwayleicester.org.uk

A Company Limited by
Guarantee No 03672087 and a
Registered Charity No 1074011

(Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor.)