

# Headway Monthly Bulletin



Issue 70

May/June 2015

**Leicestershire Leicester and Rutland Headway**  
*Providing support for people with brain injuries*

## Rockey Road to Recovery

Eleven years ago Headway briefly supported a young man who had an horrific motorcycle accident. He still thinks of us, and later this year Mark Rockey is taking part in The Wolf Run to raise money for us. This is his story:

*"It was the early hours of 1st June 2004. I left work at Bosworth Hall in the early hours of the morning on my motorbike. That is the last thing I remember. I was found later lying on a grass verge.*

*At hospital, my parents were told I had swelling on my brain and that I would be permanently brain damaged and would need lifelong care. When I eventually woke up, I couldn't*

*speak, walk, read or write. The support groups were great and really encouraging but I couldn't remember anything from the previous day. After 5 weeks, I started to remember longer periods of time. To this day, however, there is a gap in which I cannot remember anything of the 3 weeks following leaving work that night.*

*"I made, what my consultant called, an unprecedented recovery. Although my memory isn't perfect and I lost my sense of smell, I now live a normal life. 11 years later, I have a good job, own my own home and am getting married in August – all things which my parents were told I would never be able to do... I know exactly how lucky I am."*

His parents, Christine and Alan went to a support group where they



were helped by Headway, the Leicester brain injury charity.

He added: *"It's not a well known charity and something like this can happen to anybody."*

*"They helped mum and dad cope with the after effects. It's a vital charity, they help give people with injuries like mine a little bit of independence, I think it's fantastic what they do."*

Mark is taking part in The Wolf Run, a 10km obstacle course at Stanford Hall, near Lutterworth, on 14 June.

To donate, visit <https://www.justgiving.com/Mark-Rockey1/>

## Eggcellent Luck!



Our Easter Egg raffle last month raised an astonishing £81 in a day and was won by Headway Member Jayne Tranter's Dad, Gordon



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For more information, please contact:  
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Headway Leicester is supported by:



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## Come and have a blast at the show!

The Blaston Agricultural Society has adopted Headway Leicester as the headline charity for their annual agricultural

show this year. The Blaston show will be held on Sunday, 28 June at their current site which is on Hallaton Road,

Slawston (the nearest postcode is LE16 7UF).

For more information, please visit [www.blastonshow.co.uk](http://www.blastonshow.co.uk)

## Steaming Ahead

This year's Rempstone Steam Rally is on from 11<sup>th</sup> – 12<sup>th</sup> July this year, and Headway will be there courtesy of Loughborough Beacon Rotary Club who has adopted us as their Charity Of The Year.

The Rally is at Turnpike Farm in Wymeswold and in addition to the steam engines will feature pipe bands,



a dog show, a civil war re-enactment; aerobic displays, falconry and tons of other attractions. Take a look at

[www.rempstonsteam.org](http://www.rempstonsteam.org) where there are details of the attractions and videos of previous shows.



The Law Society

## Do you need help after an accident?



The Law Society

Affinity Law Ltd  
100 New Walk  
Leicester  
LE1 7EA  
Tel 0116 2627292  
Fax 0116 2552914  
Email dawn@affinitylaw.co.uk  
[Link to website](#)

Bray & Bray  
Solicitors  
Spa Place  
36-42 Humberstone Road  
Leicester LE5 0AE  
Tel 0116 2548871  
Fax 0870 3835023  
[Link to website](#)

Freeth Cartwright  
Solicitors  
Imperial House  
108-110 New Walk  
Leicester LE1 7EA  
Tel 0116 2014000  
Fax 0116 2014002  
Contact Jane T Williams  
[Link to website](#)

LIME—  
The Personal Injury Company  
1 Meridian South  
Meridian Business Park  
Leicester  
LE19 1WY  
Contact Robert Rose  
Tel 0845 630 8850 ext 4406  
Mobile 07834 129694  
Email robert.rose@limepersonalinjury.co.uk  
Website  
[www.limepersonalinjury.co.uk](http://www.limepersonalinjury.co.uk)  
[Link to website](#)

Nelsons Solicitors LLP  
Solicitors  
Provincial House  
37 New Walk  
Leicester LE1 6TU  
Tel 0116 2226666  
Fax 0116 2337822  
[Link to website](#)

Osborne Morris & Morgan  
Solicitors & Neurolawyers  
Danbury House  
West Street  
Leighton Buzzard  
Bedfordshire LU7 7DD  
Tel 01525 378177  
Fax 01525 851006  
Contact Tim Woolford  
[Link to website](#)

Shoosmiths  
Solicitors  
The Lakes  
Northampton NN4 7SH  
Tel 03700 863195  
Fax 03700 863460  
Contact Chris McKinney  
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*(Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor.)*