

# Headway Monthly Bulletin



Issue 63

September 2014

**Leicestershire Leicester and Rutland Headway**  
*Providing support for people with brain injuries*

## Rachel: London to Paris

**Rachel Sandy signed up to cycle 466km from London to Paris over a year ago and has been fundraising for us all this time.**

In August, Rachel finally realised her challenge and completed the gruelling ride with her Dad who also took part. We're thrilled that she

chose us, as she raised an amazing £2,040!

Rachel's brother died of a brain aneurysm in 2011 and wanted to take on the challenge "to achieve something positive in memory of my beautiful brother Jay".

We're very glad she did. Thank you so much to Rachel and all who donated to her Just Giving page.



## Carol: London to Surrey

**Meanwhile, Carol Birch, Headway Trustee, celebrated her 70<sup>th</sup> birthday by cycling 100 miles in the Prudential Ride-London-Surrey 100 cycle race for us.**

"Sunday 10 August was the day of the ride and the day on which the remains of hurricane Bertha

decided to cross south London. The conditions were truly awful. Torrential rain, flooded roads, countless punctures in evidence along the route and numerous accidents.

My team rode through all the floods, and came in 8th out of 24 women's teams.

Our time of 5 hours 53 seconds was very respectable and despite the slightly shorter course it was a very considerable challenge and one we were pleased to finish so well. A very big thank you to everyone who has supported me."



## Headway's Summer BBQ

We were blessed with sunshine as well as good food for our successful Summer Social this year. The tombola and raffle was also a huge success thanks to the many wonderful donations received especially our first prize of a beautiful luxury hamper donated by Irwin Mitchell. A big thank you for celebrating this event with us and we hope to see you all again at our next event.



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For more information, please contact:  
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Headway Leicester is supported by:



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## Ellen's 50th Birthday

**Ellen Smith from Broughton Astley decide to treat herself to, er, a skydive for her 50<sup>th</sup> birthday this year.**

The jump was postponed the first time so she ended up jumping on her actual birthday.

"10 years ago I had an aneurysm and after hours of brain surgery and months of recovery with the help of my family and friends I was lucky to go back to a normal life. Three years later I had a second brain



operation, but still pulled through. I am one of the lucky one in 5 people that survive the condition, and I wanted to give something back.

## Lovely St Denys Ladies

**St Denys Church Ladies Group adopted us as their chosen charity for 2014, and have worked tirelessly fundraising for us throughout the year.**

There have been fashion shows,

coffee mornings, fairs and sales and, we are delighted to report that their total for the year is a fantastic £1,422! A massive thank you to June, Ann and their ladies for such a huge effort and great result.



*Ann from St Denys presenting Alison, Headway Fundraiser, with the cheque*



The Law Society

## Do you need help after an accident?



The Law Society

Affinity Law Ltd  
100 New Walk  
Leicester  
LE1 7EA  
Tel 0116 2627292  
Fax 0116 2552914  
Email dawn@affinitylaw.co.uk  
[Link to website](#)

Bray & Bray  
Solicitors  
Spa Place  
36-42 Humberstone Road  
Leicester LE5 0AE  
Tel 0116 2548871  
Fax 0870 3835023  
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Tel 0116 2014000  
Fax 0116 2014002  
Contact Jane T Williams  
[Link to website](#)

LIME—  
The Personal Injury Company  
1 Meridian South  
Meridian Business Park  
Leicester  
LE19 1WY  
Contact Robert Rose  
Tel 0845 630 8850 ext 4406  
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Email robert.rose@limepersonalinjury.co.uk  
Website  
www.limepersonalinjury.co.uk  
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Nelsons Solicitors LLP  
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37 New Walk  
Leicester LE1 6TU  
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Bedfordshire LU7 7DD  
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Contact Tim Woolford  
[Link to website](#)

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*(Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor.)*