

Headway Monthly Bulletin



Issue 59

May 2014

Leicestershire Leicester and Rutland Headway
Providing support for people with brain injuries

Team Headway 'Falling with Style' for ABI Week

STOP PRESS!

The Leicester Mercury is running a 'Cash For Your Community' appeal. Headway Leicester is one of charities selected. With your help we will receive a share of £35,000.

Leicester Mercury readers will determine the amount each group is awarded by sending in coupons. Coupons will be printed each day for 4 weeks from Monday, 2 June.

The more coupons readers send in for each group, the bigger the share of the money it will be given. So, pop down to your local newsagents, and buy as many Mercurys as you can carry!



JustTextGiving
by **vodafone**

We have been promoting Team Headway's sponsored skydive for months now, and on the Friday of Action for Brain Injury week, all the preparation reached its thrilling climax. Despite the inevitable pre-jump nerves, Mary, Ben and Neelam all completed them and thoroughly enjoyed the experience...

"Arriving at the Airfield the weather was perfect, wispy clouds, blue skies and sunshine.

The Skydive was everything I thought it would

be and I was surprised not to feel nervous.

Falling out of the plane was amazing, all you can hear is the wind rushing through your ears as you drop at 120 mph. The view is fantastic with the earth looking like a massive patchwork quilt. The free-fall seemed to disappear far too quickly but when the parachute opened it went quiet and I was able to talk to the instructor who pointed out



landmarks below. I loved the whole experience but it left me wanting more. I am signing up to do an accelerated freefall course in the summer so I can learn to skydive properly!

Thank you to everyone who sponsored us." (Mary)

Back in March when I heard about the Skydive, I thought I would participate with Ben and Mary to help raise much needed money for Headway.

Although I was worried, I still continued to look forward to the event.

The day arrived quicker than I thought it would. After instructions we boarded the plane. It took off to a height of

13,000 feet. Adrenaline was rushing through me and I didn't know if I should be scared or excited. I was the first one to jump. I was hoping for not much wind as I could have easily ended up in France!

As I gradually floated back down to the ground, I was glad I made it back alive! It was



an amazing experience and I'd definitely do it again. Thank you to everyone who sponsored me! (Neelam)

Team Headway ‘Falling with Style’ for ABI Week

When Mary first asked me to jump from a plane with her, I must admit that I leapt at the chance. A few short months later, as I ascended into the clouds, it occurred to me that perhaps my enthusiasm was a little misplaced to say the least.

At the Airfield, I spent most of my time trying to grab what little nerve I could muster in between the demonstrations and photos. At least I could say I was not alone: having Mary and Neelam with me was a great support, and so was having supporters from Headway cheerleading. Despite staring

terror in the face at so many miles an hour hurtling towards the earth, I have to say the experience was thrilling – an absolute privilege to do it for such a good cause. In all honesty an experience that I’d gladly do again and again.

I would recommend the experience to anyone looking to fly like Superman – or at least fall with style. I’d like to thank all



those who supported us and made this possible. (Ben)

Thanks again to everyone who sponsored the team, also Jaspreet, Joan and Ken, Steve and Jenny, who took the trouble to join us for the day. The total raised currently stands at £1,399.



Invitation

Thursday, 12 June – 6.45 pm

Rose and Crown
Houghton on the Hill

To celebrate volunteers' week in June and to thank our army of marvellous volunteers, we are having an old fashioned skittles night with traditional pub fare.

The evening is free to our volunteers; friends and family are welcome at a cost of £7 each.

If you would like to join in the fun, please get in touch with Mary or Karen on 0116 2739763 or email headway@headwayleicester.org.uk for more information.

Headway Leicester is supported by:





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4 HOSPITAL CLOSE
LEICESTER LE5 4WP
Tel 0116 2739763
Fax 0116 2733212
Email headway@headwayleicester.org.uk
Website www.headwayleicester.org.uk
A Company Limited by Guarantee No 03672087 and a Registered Charity No 1074011



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Solicitors
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Mobile 07834 129694
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HI-Shakespeares
Website
www.HI-Shakespeares.co.uk
[Link to website](#)

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Solicitors
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[Link to website](#)

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