

Headway Monthly Bulletin



Issue 61

July 2014

Leicestershire Leicester and Rutland Headway
Providing support for people with brain injuries

It's still quite alright on the Isle of Wight!!

by Nicola, one very tired outreach worker (but it was well worth it)

The 31st May was the day. It had finally arrived; the Outreach Holiday to the Isle of Wight!!

The day began with 'pick ups': mainly from Coalville, Loughborough and Leicester. We all met up at the services on the A47 to continue our journey. Attending the holiday was Mandy, Sharon, Ben, Don, Shane, Matt, Glen, Paul, Pete and Pam. Keeping the rowdy group together were Sue, Paul and myself.

We had not long been there before the huge grocery order from Tesco's arrived and for the next hour the cottage looked like it had become a pop up Tesco Express. The first meal of many this week was put on to cook while everyone settled into their rooms. For those that weren't too tired, a trip up to the local pub, *The Vine*, was called for where a well deserved drink was enjoyed.

The week's holiday consisted of a walk around St Helen's incorporating the local car boot sale and lunch on the beach; our first of many due to the lovely

There were so many highlights of yet another great holiday to mention but for me personally I feel the highlight has to be the boat trip. As well as Mandy overcoming

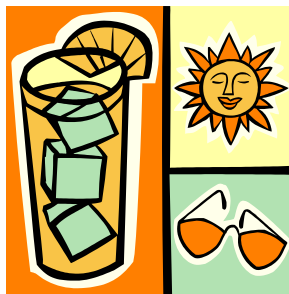


her fear of going onto the boat; Pete, Shane and Paul all had the opportunity

weather we had. We also visited Carisbrooke Castle, Isle of Wight Steam Railway, shopping in New-port and Shanklin including walking the Shanklin Chine. We also went on a fantastic boat trip around the island stopping in Cowes for lunch where we sat feeding the seagulls, only to spot a sign stating "under no way are you to feed the seagulls" oops, too late!).

to steer it. Pete finally got to see the Needles and we all at some point got wet, some more than others (why are the cameras never rolling at that point). Everyone had a really good time throughout the week and all got on together really well. Not an easy task to do when you are used to living on your own and suddenly you have to share such a small space.

Headway's
Summer Social
SAVE THE DATE!



Saturday
30 August 2014
1 pm til 4 pm

To be held at
4 Hospital Close
Leicester LE5 4WP
Tel 0116 2739763

Tickets—£2.50
Children and
Volunteers—free



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Caring for Carers

By Julie, Outreach Worker

Carers' week was in June, and Headway was invited to have a stall at an event for carers at the Town Hall Square in Leicester.

The event was to let carers know what services and support are available to them, and how they can access these services.

The stalls were all ready for us on arrival and we were able to set out leaflets, novelties and information, etc. The stalls were



covered, but we did not need this as the sun was shining and it was a warm, dry day. It was a lovely setting; all arranged around the fountain in Town Hall Square. There were lots of

coffee shops around us to sustain the hard-working stall holders!

The event seemed to be successful, and it was good to get services and information out there for carers who often need assistance and support.



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