

Headway Monthly Bulletin



Issue 45

March 2013

Leicestershire Leicester and Rutland Headway
Providing support for people with brain injuries

Boy doesn't time fly when you are having a good time...
by Nicola Rowe

**ACTION FOR
BRAIN INJURY WEEK 2013
13-19 MAY**

Action for Brain Injury Week this year is from May 13th to the 19th and Headway UK's aim this year is to create an online resource pack to assist GPs in diagnosing and referring patients affected by acquired brain injuries, while encouraging closer working relationships with Headway Groups and Branches.



JustTextGiving™
by **vodafone**

In December 2002 I moved to Leicester with no job to my name. It was suggested to me that an organisation called Headway had been advertising for staff and I should contact them; never having heard of Headway before so up for a new adventure I did.

The then general manager, Sylvia, emailed me to say there were no paid positions available but what about

volunteering? As emails crossed in cyber space I was agreeing to volunteer while Sylvia emailed to inform me that someone had turned down the paid position and would I like to come and have a look around and have an interview?

Here I am 10 years later in a job that I adore and I can honestly say I do not know where the time has gone as it



What no gold watch?!

only seems like yesterday. Over the 10 years I have seen staff come and go, I have worked with some very interesting people some with stories you wouldn't believe but are true!

Islamic Fretwork Table

by Chris, Tuesday member

I flicked through one of the woodwork books at Headway and came across this fretwork table, which seemed the best thing to make, not noticing the advanced skill level symbol at the top of the page!

Fortunately, Maryanne didn't notice it either, so I cracked on. I was busy cutting out the fretwork pattern on the top when I suddenly realised

that a big hole on top of the table wasn't such a good idea. Luckily Ricky came up with the idea of using a piece of glass to go on top as an inset. I then wondered how I'd make a circle on the new top to take the glass, but fortunately Maryanne came up with the great idea of using a special woodwork tool called a Router with a piece of wood



Perfectionist at work

attached like a giant circle cutter.

The finishing off is taking quite a bit of time because I'm a perfectionist and I take a long time doing little things.

**ACTION FOR
BRAIN INJURY WEEK 2013
13-19 MAY**

Hats for Headway Day is on Friday 17th May. We are hoping to have a tea party on the Friday, and we're also planning a number of other events for Action for Brain Injury week so watch this space for details.



Headway Leicester is supported by:



© 2013 LEICESTERSHIRE LEICESTER AND RUTLAND HEADWAY
4 HOSPITAL CLOSE
LEICESTER LE5 4WP
Tel 0116 2739763
Fax 0116 2733212
Email
headway@headwayleicester.org.uk
Website
www.headwayleicester.org.uk

A Company Limited by Guarantee No 03672087 and a Registered Charity No 1074011

Memories of London

by Andrew, Tuesday member

From many years ago when I lived in London I remember the Borough of Greater London Council and its free music festivals, especially in 1986.

Throughout the year there were loads of music festivals which had big and small bands. I remember seeing the Smiths, Billy Bragg, a humorous skiffle group called Terry and Jerry, and the Redskins who played old style soul music with a left wing message. There were all styles

of music from ska to swing, the Pogues to the Proclaimers.

I decided to remind myself of the good times by making some large wooden letters to mark the GLC which is now defunct. In London you can buy all sorts of souvenirs such as red buses and post boxes, but there's nothing to remind us of the good old GLC - they even brought about cheap transport fares. Ken Livingstone, the council leader, wasn't so bad!



Painted from memory

I've painted the letters a bright red to remind me of good old days and bright smiles.



The Borough of Greater London Council

Do you need help after an accident?



Affinity Law Ltd
100 New Walk
Leicester
LE1 7EA
Tel 0116 2627292
Fax 0116 2552914
Email dawn@affinitylaw.co.uk
[Link to website](#)

Harvey Ingram Shakespeares Solicitors
20 New Walk
Leicester LE1 6TX
Contact Robert Rose
Tel 0116 2574406
Fax 0116 2559846
Mobile 07834 129694
Email robert.rose@HI-Shakespeares
Website
www.HI-Shakespeares.co.uk
[Link to website](#)

Nelsons Solicitors LLP
Solicitors
Provincial House
37 New Walk
Leicester LE1 6TU
Tel 0116 2226666
Fax 0116 2337822
[Link to website](#)

Bray & Bray Solicitors
Spa Place
36-42 Humberstone Road
Leicester LE5 0AE
Tel 0116 2548871
Fax 0870 3835023
[Link to website](#)

Irwin Mitchell Solicitors
Consulting Office Leicester
Suite 122, 1st Floor
Gateway House
4 Penman Way
Grove Business Park
Enderby
Leicester
LE19 1SY**
Tel 0116 289 4622
[Link to website](#)
** consultations are by appointment only

Osborne Morris & Morgan Solicitors & Neurolawyers
Danbury House
West Street
Leighton Buzzard
Bedfordshire LU7 7DD
Tel 01525 378177
Fax 01525 851006
Contact Tim Woolford
[Link to website](#)

Freeth Cartwright Solicitors
Imperial House
108-110 New Walk
Leicester
LE1 7EA
Tel 0116 2014000
Fax 0116 2014002
Contact Jane T Williams
[Link to website](#)

Shoosmiths Solicitors
The Lakes
Northampton NN4 7SH
Tel 03700 863195
Fax 03700 863460
Contact Chris McKinney
[Link to website](#)

(Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor.)