

Headway Monthly Bulletin



Issue 44

February 2013

Leicestershire Leicester and Rutland Headway
Providing support for people with brain injuries

Volunteering at Headway

My name is Becky and I've just started to volunteer at Headway on a Thursday.

I am currently studying psychology at the University of Leicester. It is my final year and it is tough! I have only been here two weeks but have loved my time. It's so nice to spend time with a group of people that are so diverse but who seem to click so well. Getting to know everybody has been such a

pleasure. The different activities there are for the members to do are excellent. They are all very insightful when it comes to being creative. I have been taught so many things like how to make mosaics and how to play draughts for the first time. Hearing everyone's story is incredible; it's so good to try and understand things from a different perspective and I

look forward to having more stories and learning to do more with all the members, volunteers and workers. It's so welcoming here and I have loved my time so far.



HEADWAY HOUSE

by Warren

Headway House is so great
To go home and come back Thursday,
I cannot wait
I once sewn a dove
The things we do I love
I love to cook and even bake
I will often make a fudge cake
I love to work with wood
To do it more I would
Then I go home
See you next week
Au revoir

Fundraising News

by Alison Leight, Fundraiser

When we first set up our JustGiving account online, there was some debate about whether or not it was worth it, (we pay a small monthly fee).

Well, taking the fee into account, we have so far raised over £8,000 which we all think is not too bad, especially when you consider that JustGiving does all the admin work

on our behalf. The other thing is that the website is completely safe, and you need not worry about losing your online 'identity'. At £2,490, Ricky Martin gets the credit for raising the most for us, closely followed by Rachel Sandy who raised the money in memory of her brother. So - if you are planning any kind of challenge,



run, walk or trek this year and would like to support us, set up a justGiving page link it to Facebook and Twitter, and you'll be amazed at how much you can achieve. Thanks to all of you for your efforts so far, and here's to a very fruitful 2013!



JustTextGiving™
by **vodafone**

Cant-stop UK

By Maryanne McGinn, Woodwork Team Leader

Her name is Kay and she can't stop making things! From the first day of the year right up until December, Kay is making her Christmas presents.

She takes full advantage of the great facilities of the woodwork room here at Headway, and is always seen in there either sawing, chopping, sanding or varnishing another masterpiece.

So far Kay has made shoe racks, picture frames,

jewellery boxes, two chairs, a food cupboard, a carved sun, candle holders, a tray, a coffee table, a wall cupboard, a footstool, a bird box, a bat box, plus a turned wooden fruit bowl and a dove cote. And if that wasn't enough Kay has completed countless mosaics, paintings and sewing projects.

Kay says "All I would like to say is that I love to come to Headway, I think if I came every-day I'd still 'make even more things', but I've only got one day here. I enjoy meeting the people and having a coffee and a chat and giving my husband a rest. I feel very lucky



to come to Headway Leicester because the facilities are so good - I know some of the Headway Houses don't offer the same variety of activities. I will be very sad when I can no longer come."

Maryanne says "I'm glad I'm sitting down because Kay has just told me her next project is going to be a mosaic with a painted mirror in the centre."



Donating to Headway Leicester through JustGiving is simple, fast and totally secure.

Your details are safe with JustGiving; they'll never sell them on or send unwanted emails.



You can now also donate quickly, safely and easily: just text **LLRH01** £2, £5 or £10 to 70070
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Headway Leicester is supported by:



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