

# Headway Monthly Bulletin



Issue 46

April 2013

**Leicestershire Leicester and Rutland Headway**  
*Providing support for people with brain injuries*

## My Fancy Butterfly Box

by Tricia

I decided to make a nail polish box to save money because I've got so many nail polish bottles and I've got nowhere to store them. I came to Maryanne with the idea and she said "Yes, we can do that", so we started to cut the pieces and although I didn't think I'd be able to do it, I surprised myself. I've put a

shelf inside the box with holes in to hold 12 bottles, but I bought more nail polish over Easter, so I think I'm going to have to make another one! I traced a butterfly design on the top because I love butterflies, and then I went over the lines with a wood burning tool and painted it and stuck feathers



on. My Mum loves the box and reckons we could sell them in Barbados at the arts and crafts fair!

**ACTION FOR  
BRAIN INJURY WEEK 2013  
13-19 MAY**

Action for Brain Injury Week this year is from May 13th to the 19th. Headway UK's aim is to create an online resource pack to assist GPs in diagnosing and referring patients affected by acquired brain injuries, while encouraging closer working relationships with Headway Groups and Branches.



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## New(ish) Year, New Challenge

Hi, My name is Vrush. I used to volunteer at Headway Leicester and really enjoyed my time there. I learned a lot from Headway members - listening to their experiences. They are truly amazing, they had been through life changing events, faced many challenges, but they never gave up. They stayed strong and positive. Hearing their stories was emotional and inspirational and I knew I wanted help as much as I could. I've ran in a few

marathons for Headway Leicester...some called me bonkers... but I enjoyed them...this time I'll be running in Kuala Lumpur. Running in Malaysia is a bit more difficult than in the UK and took me a while to get used to it. It's quite hot and it rains for a long time making training slightly more challenging, especially during the wet season! For more details about the marathon please visit: <http://kl-marathon.com/> Donating through JustGiving is simple, fast and secure.



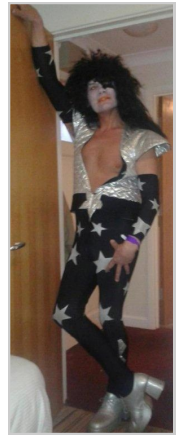
Once you donate, they'll send your money directly to the charity and make sure Gift Aid is reclaimed on every eligible donation by a UK taxpayer. So please dig deep and donate now at [www.justgiving.com/vrush1](http://www.justgiving.com/vrush1) or by texting VRUN13 £5 to 70070. Thank you

We could **KISS** you

Staff at Amec raised over £230 for Headway Leicester recently when they sponsored Martin Goultly to dress as Paul Stanley from "Kiss". Martin had hired the costume for a fancy dress weekend and the girls in the office thought it would be fun to get him to wear the costume for the day at work! Martin did

incredibly well to 'totter' around in his silver size 12 platforms, shaggy black wig and tight, star-spangled catsuit. He even managed to maintain his professionalism during a meeting with human resources despite her giggling every time she looked at him!  
Thank you to everyone for their generosity

and especially to Lauren and Jenny who organised the event and collected all the sponsorship monies.



**InSpired to raise funds**

Last year Headway Leicester was 'adopted' as Charity of The Year by Spire Hospital Leicester. We were thrilled when they rang to tell us they had raised a fabulous £1,400. The team were very impressed with what we do here, particularly the woodwork, and the new media room. They spent time with some of the members, and Ricky was more than pleased to relieve them of their cheque! So were we - THANK YOU to all at Spire for all your hard work over the year.



Ricky accepts the cheque on behalf of Headway

**Annual Consultation**

We would like to thank everyone who completed our questionnaires this year. A summary of the results is available for anyone who would like to see them.



Congratulations to Mrs Ayres who won the £25 shopping voucher when her name was pulled out of the hat for completing the carer's questionnaire.

**ACTION FOR  
BRAIN INJURY WEEK 2013  
13-19 MAY**

**Invitation....**

Headway Leicester will be holding an Information sharing event at Rutland Social Services, Catmose, Oakham, Rutland, LE15 6HP on 17 May 2013 from 10 am to 12 noon

For further details, please contact Nicola Rowe, outreach worker at Headway Leicester on 0116 2739763.

**Do you need help after an accident?**



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