

Headway Monthly Bulletin



Issue 36

June 2012

Leicestershire Leicester and Rutland Headway
Providing support for people with brain injuries

Headway Welcomes New Day Service Manager...

Hello, my name is Karen Harland, I started at Headway on 23 March 2012 as the new Day Service Manager (aka Marietta's replacement). I must admit that initially it was a bit daunting starting at Headway as the Day Service Manager and having to follow in the footsteps of Marietta who had been here for a number of years. Luckily for me I had an opportunity for a rather in-depth (gruelling!) handover, with Marietta before she jetted off to Africa.

So, what can I tell you about myself? I originate from Scotland, having left there to join the Armed Forces when I was much younger. I have been in the police, and

worked with adults with learning disabilities in the NHS and Mencap, where I was the service manager for several different projects in Leicester and Leicestershire. I live with my partner, and we have a cat and a horse. When I am not at work I enjoy riding, being out and about in the countryside and spending time with people who are important to me.

So far I am really enjoying my time at Headway, I am inspired by the determination and courage of our members. They have been through very real and difficult changes in their lives, but most of them have adjusted well and show

tremendous drive to regain their independence and achieve what they can. I hope that in some small way I can help them with their progress.



I am incredibly impressed by the staff and volunteers dedication and enthusiasm. I feel very fortunate to be part of such a well run organisation, and part of a team that continue to inspire and motivate others.

Felting at Headway

Here are a few pictures of products created by members at Headway during felting workshops.



Felt picture designed and made by Sue

We made bowls, purses, pictures and decorated stones. There were some really colourful and creative designs.



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Wear a Hat for Headway

By Di Noon, Brain Injury and Complex Care Team

Staff at St John's House in the centre city raised more than £120 for Headway Leicester.

As part of the national Action for Brain Injury Week (14 -20 May), the Brain Injury and



Complex Care Team ran a 'Wear a hat for Headway' day. Staff came into

work wearing hats, or borrowed a hat from the team, and donated £1. Others donated money to not wear a hat, and an impressive £120 was raised.

"Well done and thanks to everyone who took part."

We need your vote!



We have been nominated as one of this month's charities for Leicester's John Lewis's 'Community Matters' scheme.

Which is nice, so next time you're in store, be sure to pop your little token into the Headway Leicester box and we stand to receive a portion of the total raised. We need some new crockery and an assortment of kitchen equipment, so we're hoping for lots of support. We know we can rely on you all!

Thank you!

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HEADWAY

4 HOSPITAL CLOSE
LEICESTER LE5 4WP
Tel 0116 2739763
Fax 0116 2733212

Email
headway@headwayleicester.org.uk
Website
www.headwayleicester.org.uk

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Getting Crafty

By Pru with Julie Page

Pru writes about the invaluable support she receives from Julie, her outreach worker and being able to continue enjoying hobbies that she finds therapeutic but difficult to pursue on her own...

I have always been interested in different crafts and being creative. The types of creative things that I used to do include: dress-making for myself and the children when they were younger, making curtains, sewing chair

covers and tablecloths. I have always enjoyed flower arranging and am self-taught using books from America.

I cannot do some of these things but I am still creative and love making things like pictures and collages. I have made a bookmark using cross-stitch and I make presents and cards for my family with Julie from Headway. I love anything to do with nature, and she collects stuff from the countryside for us to

work with.

My next project is to create a butterfly for my grand-daughter as she loves them, and goes crazy when she sees them.

We plan our projects together – they usually work out well, but we have the occasional disaster, for example, when we tried using ivy leaves and paint to make a birthday card. Luckily we practised beforehand and realised it was not going to work!



Summer Scheme at Leicester College



Freeman's Campus

Leicester College is delivering a 3-day Summer Scheme for potential new students.

It will run from Monday, 9 July to Wednesday, 11 July and will be based at the Freeman's Park campus. The total cost will be £15.00 (transport will need to be organised by the individual).

Sessions include a tour of the college, information technology, photography and woodworking.

If you would like some more information, please get in touch with Lisa Douthwaite at Headway Leicester on 0116 2739763 or email: headway@headwayleicester.org.uk.

Do you need help after an accident?

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Leighton Buzzard
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Fax 01525 851006
Contact Tim Woolford
[Link to website](#)

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Solicitors
20 New Walk
Leicester LE1 6TX
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Fax 0116 2554559
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Leicester
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Fax 0116 2014002
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Fax 03700 863460
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Enderby
Leicester
LE19 1SY**
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[Link to website](#)
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The Law Society

Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor.