

Wishing a  
Happy Diwali  
to everyone  
celebrating the  
Festival of Light



## Be a Friend of Headway Leicester

Being a Friend of Headway Leicester means you can help us to improve and expand our services by making a small regular donation. You could also join in the fun of fundraising, get together with a local group of friends and organise or take part in events for us. We are asking everyone to sign up to give a £2 per month. A monthly donation of just £2 will make a massive difference. Contact Alison Leight at Headway Leicester for an application form and more information.

## Carers' Coffee Morning

**Saturday, 29 October 2011**  
10 am until 12 noon

Headway House  
4 Hospital Close  
Leicester, LE5 4WP

*Please come along to our first monthly coffee morning aimed specifically for carers.*

*Our aim is to offer practical and emotional support for those that care for someone with an acquired brain injury.*

*For more information, please contact Nicola Rowe at Headway.*



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# Headway Monthly Bulletin

Issue 28

October 2011



**Leicestershire Leicester and Rutland Headway**  
*Providing support for people with brain injuries*

## Headway celebrates its big birthday

By Mary Goult

**Headway Leicester's day service turned 21 in September and we wanted celebrate our coming of age.**

Traditionally we have our Annual General Meeting in mid September at Headway House inviting a guest speaker, but this year we decided to do something a bit different. We sent invitations to Headway people past and present including members, staff, trustees, supporters and volunteers and booked Voluntary Action Leicestershire as our venue.

On 13 September we welcomed our guests with wine and canapés and a series of display boards featuring photos, newspaper articles and information covering Headway Leicester's 21 years. Many of our guests had fun looking through the photos and identifying themselves as well as catching up with familiar faces. The evening was rounded off with the formal

business of presenting the annual accounts before we said farewell to two of our long serving trustees. Paul Simpson had been a trustee with Headway for 21 years and during that time had made a huge contribution to the development of the service. Paul had been Treasurer and Vice Chair and amongst other things was responsible for computerising our accounts systems.

Panisha Solanki also stepped down from her role as trustee; Panisha was our member representative taking the views and concerns of those accessing Headway services to the Board. More recently Panisha had struggled to attend meetings so has made the decision to become



**Summer's here... Gill arrives in fancy dress**

a co-opted member of the trustees to enable her to have the input without attending meetings.

Headway's actual birthday fell on Saturday 17 September and that gave us another excuse to party. Headway House was decorated with 21<sup>st</sup> Birthday banners, balloons and bunting and we had a birthday barbeque.

Despite the forecast of heavy rain, the sun shone and we had a great turn out of familiar faces past and present who shared their stories and experiences.

*September was a very special and poignant month for us, here's to the next 21 years, may they be just as special.*



**The sun shines for Headway's big birthday barbeque**





your vote; [click here](#). There will also be links from our [website](#), Facebook and Twitter. We are up against a large number of other charities, community projects and even other branches of Headway, so please spread the word and get everybody you know voting as every single one of your votes will count!  
*Thank you for your support.*

**Your vote counts...**

By Zina Visa, Volunteer Co-ordinator

*He1lo A11!*  
 Headway Leicester has set up a profile with Natwest Community Force and we need your support to win an award in this year's big vote. Winning an award will help us to raise the publicity of our work as a charity and also to attract volunteers. Voting for the Natwest Community Force

awards is now open so please log on and show Headway Leicester your support to help us to win an award of £6,000. Voting will open from **26 September until 23 October**, you will be able to do this on the Natwest Community Force website, and the following is a link to our profile page where you can place

**Benefit gig in aid of Headway and the Bethany Project**

At Holy Trinity Church,  
 Regent Road, Leicester  
 LE1 6WY

**Friday, 28 October 2011**  
 at 7.30pm  
**Tickets £5, available from Headway House**

*Please bring your own drinks and snacks*

**Live music**  
 The Noise, Red Sun,  
 acoustic duo, Leicester  
 Women's Gospel choir,  
 and others

**Vrush's new venture to Malaysia**

Hi everyone, it's Vrush! As most of you know I will be leaving towards the end of October to continue with my studies and will be starting my PhD with the University of Nottingham in Malaysia. I have been volunteering at Headway for a few years and have met and worked

with great people. I will miss coming to Headway and won't forget any of you. I will stay in touch and will come and visit when I am back in the country.

*Everyone at Headway would like to say a very big thank you to you for your work as a volunteer*



*Vrush looking 'spectacular'*

*including your fundraising activities. We wish you well with your studying and your future aspirations.*

Headway Leicester is supported by:



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*Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor.*