

Headway Monthly Bulletin



Issue 25

June 2011

Leicestershire Leicester and Rutland Headway Providing support for people with brain injuries

Sunday Muddy Sunday

Sunday, 8th May saw our Ace Fundraiser Joanne Wilkes completing another challenge to raise money for us.

This one sounded particularly awful as the organisers decided to add more obstacles just before the start, and it poured with rain! The race was called Oblivion and was one of the 'Mudrunner' series of events. You can support Joanne on her challenges at www.justgiving.com/joannewilkes



We are now on Twitter; follow us, and we'll follow you right back!
www.twitter.com/headwayleics

Sunny Weekend in Norfolk

By Julie Page, Outreach Worker

In the middle of May, a group of us went for a long weekend at the Nancy Oldfield bungalow in Norfolk.

We had a lovely time, and went cruising and sailing with the crew. We also visited the Stalham Norfolk Broads museum, which was really interesting. It told the story of the workers on the broads in past times, and all the tools and equipment they used. They have lots of volunteers that rebuild and preserve the old boats so that we can all see the way people lived

and worked then.

The weather was a mixture of sunshine and showers but mostly quite nice. We went to the coast and had a pub lunch overlooking the sea, which was great. We had thought about a walk on the beach, but it turned very wet and windy whilst we were there. As soon as we went inland again, the weather changed and became sunny and mild.

We also visited a farmers' market in the village and were very



impressed with their new village hall and the produce for sale. We were tempted into buying an apple pie; we all enjoyed this with custard and someone even had theirs for breakfast the next day!

Thanks to everyone for your good company; Madhu and I certainly enjoyed the weekend.

Headway celebrates Volunteers' Week

By Zina Visa, Volunteer Co-ordinator

June 7th was the volunteers' night out at The Harmony Bar and Restaurant situated at the beginning of The Golden Mile in the Belgrave area of Leicester. It was a great night and everybody enjoyed the food and atmosphere. The curry night was our way of

saying a big 'Thank You' to all our volunteers for the valuable time, hard work and support that they all give.

I would also like to say a very big thank you to Irwin Mitchell for donating table favours for each of the volunteers which gave the evening that special touch and also table games which sparked all sorts of debates and conversations!

Finally, I would like to mention the great hospitality of all the staff at the restaurant which helped to make the evening even more pleasurable. Many people said that the food and service was fantastic and that they would love to go back again. We were



Zina presenting volunteer Catherine with a thank you card and gift

also given a voucher for a meal for two and a bottle of wine which was very generous, this will be raffled off later in the year!

Thanks again everyone!



The beginning of a harmonious evening



ATHENA

Athena gets the "Ball" Rolling

By Alison Leight, Fundraiser

The Headway 21st Birthday ball is starting to take on a life all of its own! We have had all kinds of people offering to help out, take part,



Alison with Lisa, every penny counts!

give us gifts, and the hosts – Athena Leicester started the money rolling in by giving us a suitcase full of cash! Our Fundraiser Alison, and Volunteer Event Co-ordinator Lisa Storey, went to collect the case of £100s worth of pennies, as the first donation towards the ball. Hira Ram, Events Manager at Athena said *'We wanted the money to go to a local charity but weren't sure which*

one. Seeing as you booked with us, we thought you should have it!.'

The money was collected by Athena staff and customers at one of their events last year, and will pay for two volunteers to attend the ball for free. Contact Alison Leight at Headway House to book tickets, or if you are unable to make it, you could donate a little 'Birthday' gift online at www.justgiving.com/headwayleicester/donate

Down to Earth

Those of you who listen to BBC Radio Leicester will be familiar with 'Down to Earth' on Sunday lunchtimes, and the 'Gardeners' Question Time' format. The team like to get out and about recording the programme, and this time it was our turn to be the hosts. The event was organised by Leicester De Montfort Rotary Club, and our own Marietta Sharp, and the audience was tasked with asking questions of the team. We all had a thoroughly enjoyable evening, and it was really good fun to watch the recording. We also raised over £100 in donations and a 'Guess the weight of the little owl' wager. *Thanks to everyone that came.*

Trustee Treasurer

Leicestershire Leicester and Rutland Headway are seeking to recruit a new trustee, who will in time, act as Treasurer.

The treasurer would be one of 16 unpaid trustees who as a board are responsible for the overall governance of the charity (a company limited by guarantee). The key function of the treasurer is to monitor

the financial performance of the charity and to advise the board accordingly. The centre has a manager who is responsible for everyday matters and also a book keeper. Trustees attend four meetings per year and the treasurer is also a member of the general purposes committee which meets

approximately five times per year.

We would welcome expressions of interest from anyone with a suitable financial background who is willing to help.

If you would like further information, please contact Mary Goult on 0116 2739763 or email her mary.goult@headwayleicester.org.uk

Headway Leicester is supported by:



 Lloyds TSB Foundation for England and Wales

The Henry Smith Charity

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