

Headway Monthly Bulletin



Issue 26

August 2011

Leicestershire Leicester and Rutland Headway *Providing support for people with brain injuries*

Our Big Holiday – A return to Churchtown!

(and this time we're arriving in style)

Big projects are sometimes scary. This year to celebrate Headway Leicester's 21st birthday, Nicola and I organised a week's holiday in Cornwall (where Headway used to take members in the earlier years), with the added adventure of flying! We did lots of activities (scary things like climbing, canoeing and abseiling) and had some days out to Padstow, Looe, Eden Project etc, to enjoy local attractions and eat far too much (something we proved we can do quite easily it seems!) This holiday took 8 months, fundraising events and applications and a few sleepless nights to bring together!

Twelve flew off from East Midlands on 13th June for a week of adventures and laughs (and a little bit of bickering – but who cares?) Flying was a big part of the adventure and for some of our members this was a huge event.

Our converted Farmhouse provided us with our beds and our

own little social hub. In the evenings we went to the local pub (Cornwall's oldest!) as well as watched films (using our improvised cinema – thanks to Wayne), played pool and generally put the world to rights as the sun went down over the

Our wonderful help

Many thanks to all involved in the planning, fundraising and running of this trip!

- BMI baby for their assistance.
- Leicester Charity Link for their help with funding.
- A big thank you to my sister Maxine and mum Marie for running the Burlesque Dance Tuition night in March.
- Sue Easton for her Soup and Roll lunch.
- Nicola Rowe for her Oakham coffee morning, and other fundraising initiatives, etc.
- Paul for doing the Santa Fun Run.

Together these events and applications raised approximately £3600 which together with members holiday contributions met the £6,500 budget for this trip. A biggie!

And a huge thank you to our party of holiday makers for the laughs and for putting up with each other (and me!)

Paul Winfield
Outreach Manager



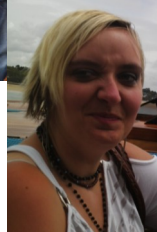
Burlesque dancing; one of the many fundraisers



Jayne gets ready to scale the wall



Andy takes control of the speedboat



rolling green backdrop around the centre.

There were so many high points but as with all of our holidays, the best memories are of the banter and the general atmosphere that going away in a group can bring. We arrived back on the 20th, pretty much on our knees with tiredness but with a feeling of achievement. This had been quite a journey but a trip fitting for our big birthday.



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A date for your diary ...

ANNUAL GENERAL MEETING

13 September 2011
7.30 pm

To be held at VAL
Newarke Street, Leicester

For further details, please
contact Mary Gouly on
0116 2739763

Happy Birthday to us!

We may have mentioned,
probably more than once,
that it's our birthday later
this year.

Instead of sending us a
birthday card, you might
like to just send us the
money instead! It's really
easy to do - just text

HWAY21 £2
to
70070

Many thanks

Headway
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Leicester College Taster Sessions

By Julie Page, Outreach Worker

In July, a group of people were invited to Leicester College to take part in a 2-day taster course, with a view to attending one of the courses to commence in September.

They began by visiting Bradgate Park and taking photos of nature and wildlife. The group then returned to college and used the computer to produce their favourite photo to put into a picture frame. On the second day, they were in the woodwork room and

made their own wooden frames.

This all gave the group an opportunity to experience computers,



Support workers Millie and Emily with Yvette, Gina, Adrian, Stephen, Pravin and tutor Ray

photography and woodwork, some of which are courses that are offered at Leicester College for our members.

The group all worked very hard and were praised by the tutor, who was very impressed by their achievements and finished articles. This was a great opportunity to experience college life and to develop their skills. Thank you to the support workers and tutors who helped to make this an enjoyable and positive 2 days.

Glass fusion workshops

For three weeks Claire Williamson from **Glassworks** has been coming in on Monday mornings; providing delightful glass fusion workshops. Headway member, Dahiben, notes that having worked for the past three Mondays, it has given her a deeper appreciation of the glass windows you

see in churches. Dahiben adds the windows in the church always appear complex and what's more she never would have appreciated or knew how to do it herself until undertaking the workshop. Dahiben is now working on a clock having already completed some other pieces. She



Feris and Donald

stresses that everyone should take part in the workshop, it can be fun!

Do you need help after an accident?

Osborne Morris & Morgan Solicitors & Neurolawyers
Danbury House
West Street
Leighton Buzzard
Bedfordshire LU7 7DD
Tel 01525 378177
Fax 01525 851006
Contact Tim Woolford
[Link to website](#)

Harvey Ingram LLP Solicitors
20 New Walk
Leicester LE1 6TX
Tel 0116 2545454
Fax 0116 2554559
Contact Robert Rose
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37 New Walk
Leicester LE1 6TU
Tel 0116 2226666
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Freeth Cartwright Solicitors
Imperial House
108-110 New Walk
Leicester
LE1 7EA
Tel 0116 2014000
Fax 0116 2014002
Contact Jane T Williams
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Bray & Bray Solicitors
Spa Place
36-42 Humberstone Road
Leicester LE5 0AE
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