

# Headway Monthly Bulletin



Issue 17

October 2010

**Leicestershire Leicester and Rutland Headway**  
*Providing support for people with brain injuries*

## Headway's Garden Fete

By Alison Leight

### Barry's Shorn Mullet



*Hair today ....  
gone tomorrow*

He Did It! – ably assisted by Alison Maynard, our in-house hairdresser, and a small assembled crowd cheering him on. Barry has since admitted to it being a bit chilly without his hair, but it has to be said, he looks much younger and slicker without it. We are so grateful to Barry for being so brave – and for raising so much for us. At the moment, the total stands at almost £300. There is more pledged, and it's still not too late to donate at

[www.justgiving.com/  
Barry-Hutchinson](http://www.justgiving.com/Barry-Hutchinson)

**We are now on Twitter;** follow us, and we'll follow you right back!  
[www.twitter.com/  
headwayleics](http://www.twitter.com/headwayleics)

### Headway's (not so little after all) Garden Fete

Well, we were all a tiny bit worried when it got to 12.30pm and there was no-one here except staff and volunteers, But Suddenly . . .

. . . The place was full, the sun was shining and the tea and cakes were selling like, *er*, hot



*Those hot cakes are selling well Maryanne*

cakes! In fact, it got a bit *too* busy at times, and we're really sorry to those in wheelchairs valiantly trying to battle their way through

the crowds! The sun stayed out until the very last moment and everyone had a smashing time. The staff and volunteers worked tirelessly to extract every last penny from the guests and we made over £800! THANK YOU SO MUCH to everyone who gave up their time, talents and treasures to make the day such a success. We especially want to thank the



volunteers from Leicester De Montfort Rotary Club and Irwin Mitchell, all the Mums, Dads, Friends, Daughters, Husbands, Partners who all gave up their spare time for us, and also Premier Foods and Britvic soft drinks who supplied tons of stuff for us to sell. (*We still have tons of stuff to sell, so Roll On the Christmas party!!*).

## A Week Away in the Country

Last month, Paul and Nicola from the Outreach Team took a group of their members to a small retreat in the countryside of Swadlincote (part of the National Forest). Andy Lees tells us the highlights, and lowlights! of the wonderful time they had during their week away.

"On Tuesday Paul Winfield, Nicola, Donald, Ian, Matt, Jayne H, Jayne T, Gina and myself went to Rosliston forestry centre, we had a great time; we took part in archery, and falconry activities. We also visited Crich tram museum (which was a bit disappointing), and the Bass Brewery Museum on the

Thursday, which was very good fun.

"I took ninety photos of the holiday, and think this is the best photo of myself."



## Va-Va-Vrusssh!

Young Vrush, stalwart volunteer/staff member at Headway House is also raising money for us by doing a gruelling 10K assault course in Nottingham on 9 October.

Run by Men's Health magazine, it looks hideously painful, and we'd far rather him than us! He has set us a Just Giving page too so you can donate quickly and safely on [www.justgiving.com/Vrush](http://www.justgiving.com/Vrush) If you want to look up the challenge go to [www.mhsurvival.co.uk](http://www.mhsurvival.co.uk) and be amazed!



*My last cake!!!*

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LEICESTER AND RUTLAND  
HEADWAY  
4 HOSPITAL CLOSE  
LEICESTER LE5 4WP  
Tel 0116 2739763  
Fax 0116 2733212  
Email  
[headway@headwayleicester.org.uk](mailto:headway@headwayleicester.org.uk)  
Website  
[www.headwayleicester.org.uk](http://www.headwayleicester.org.uk)

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## Fused Glass Workshops

By Marietta Sharp

The Tuesday group have had the opportunity to do some glass fusing over the past few weeks. Claire Williamson, from Glassworks, her own



company, ran four sessions, funded by Marietta and Andy's sponsored cycle money!

Members have made coasters, jewellery, wall hanging and bowls using different techniques and involving some glass cutting.

We hope to introduce glass fusing to other Headway days over the next few months.



*Vrush and Pravin designing their artefacts*

## Box Clever

By Fatima Namaji

I started at Headway a while ago. I wanted to set myself a challenge and prove to my husband that not only men can do woodwork I can too. I also wanted to prove to myself I still had it. I made a jewellery box with straw patterns at the top. I also varnished it and put

hinges and a latch on it. It was hard work sawing the wood and sticking all the patterns together, I am pleased with the final product. Anyone can do it if they try. Keep at it because I know it. I couldn't have done it if it wasn't for Maryanne, for all of her help and being so

patient with me so thank you for everything.



*Fatima's finished product, almost ...*

## Do you need help after an accident?

The firms of solicitors on this short list are all members of the Law Society's Accident Line Scheme and have solicitors approved by the Society's Personal Injury Panel.



Osborne Morris & Morgan  
Solicitors & Neurolawyers  
Danbury House  
West Street  
Leighton Buzzard  
Bedfordshire LU7 7DD  
Tel 01525 378177  
Fax 01525 851006  
Contact Tim Woolford  
[Link to website](#)

Harvey Ingram LLP  
Solicitors  
20 New Walk  
Leicester LE1 6TX  
Tel 0116 2545454  
Fax 0116 2554559  
Contact Robert Rose  
[Link to website](#)

Nelsons Solicitors LLP  
Solicitors  
Provincial House  
37 New Walk  
Leicester LE1 6TU  
Tel 0116 2226666  
Fax 0116 2337822  
[Link to website](#)

Freeth Cartwright  
Solicitors  
Imperial House  
108-110 New Walk  
Leicester  
LE1 7EA  
Tel 0116 2014000  
Fax 0116 2014002  
Contact Jane T Williams  
[Link to website](#)

Bray & Bray  
Solicitors  
Spa Place  
36-42 Humberstone Road  
Leicester LE5 0AE  
Tel 0116 2548871  
Fax 0870 3835023  
Contact Dawn Slow  
[Link to website](#)

Shoosmiths  
Solicitors  
The Lakes  
Northampton  
NN4 7SH  
Tel 03700 863195  
Fax 03700 863460  
Contact Chris McKinney  
[Link to website](#)

Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor but is pleased to have the generous support of these six firms.