

# Headway Monthly Bulletin



Issue 13

June 2010

**Leicestershire Leicester and Rutland Headway**  
*Providing support for people with brain injuries*

## New Volunteers

We have some new volunteer faces at Headway House – who you may or may not get to meet, depending on which day you attend. Mary Salmon joins us on Fridays – she is currently studying speech and language therapy and is also a keen, and qualified musician so may be able to run music workshops for us. Bharti Solanki will be joining us on Tuesdays – her background is in admin, but she is looking forward to a change of direction at Headway. She speaks fluent Hindi, Gujarati and Punjabi, so will be a valuable addition to the volunteer team.

We are now on Twitter; follow us, and we'll follow you right back!  
[www.twitter.com/headwayleics](http://www.twitter.com/headwayleics)

## Fun on the Norfolk Broads

By Julie Page, Outreach Worker

At the end of April, myself and my colleague Madhu, accompanied a group of clients to the Nancy Oldfield bungalow in the heart of the Norfolk Broads. This was, for some people, the first holiday they had had since their injury.

We were really lucky with the weather and had a lovely time! The early mornings were the best, with some people getting up early and drinking cups of tea and coffee by the river at the end of the garden.

We did sailing, cruising and canoeing – everyone had a go and really



enjoyed the challenge of doing something new and exciting.

Madhu and I would like to say a big thank you to the crew at Nancy Oldfield. They looked after us and gave us lots of nature lessons! We would also like to

thank the clients who came with us. Everyone 'mucked' in and contributed to the holiday – whether it was doing any practical tasks (thanks Suri!), or helping with cooking and tidying up.

Here's to the next holiday!

## Cucumber sandwich anyone?

By Alison Leight, Fundraiser



On 7 May, we held a little soiree at Headway House to celebrate our Big Lottery

Fund grant for woodwork. Our President, Dr. Laurence Howard OBE JP, Lord Lieutenant of Rutland joined us, along with volunteers,

families and friends. There was a display of some of the fabulous pieces people have produced, and guests were invited into the woodwork room to watch things being made. There was a delicious traditional afternoon tea on offer, with posh sandwiches, cream scones and loads of irresistible cakes and pastries.



Maryanne with Dr Laurence Howard OBE JP

*Date for your  
Diary*



18 September 2010

This year, as it's our 20<sup>th</sup> Anniversary, we thought we'd have a bit of a change, so we're planning to combine the annual Summer Social with a celebratory event in September. So, pop 18<sup>th</sup> September in your diaries, and look out for more details to follow on the Headway Summer/Anniversary/Birthday fete/fayre. We promise to have come up with a proper name for it by the next bulletin!

**My time spent at Headway**

By Sue Price

I started Headway last September and left in May 2010. I've enjoyed every minute spent here, and learnt a lot in mosaic and have made friends with everybody here and have boosted my confidence. I feel very pleased with myself but sadly upset to leave, but if I can give the chance to give someone else the opportunity to gain the confidence that I have achieved, my time at Headway would be well worth it.



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**Double Dutch Success**

By Alison Leight, Fundraiser

Day Centre Manager Marietta, and her husband Andy have **doubled** their target of raising £1,000 for us!

They completed their Dutch cycling challenge in style, by covering over 220km. We charted their progress on Facebook and Twitter, and they got into the local papers too. They

suffered torrential rain, gusty winds and heavy hire bikes, but still managed to cover a colossal 110km in one day! Marietta is thrilled by the response and wants to thank everyone who sponsored her; money is still coming in and currently stands at just over £2,000. It's still not



too late to donate at [www.justgiving.com/marietta-sharp](http://www.justgiving.com/marietta-sharp) let's get past the £2,500!



**Bosworth Sponsored Walk**



Dawn Gray, Outreach worker for Hinckley

Club, who have adopted us as one of their

represented Headway at the Bosworth Battlefield Sponsored Walk this year on 16 May. It was organised by the Hinckley and Burbage Lions

charities of the year. Dawn and her family thoroughly enjoyed the day – one of the hottest so far this year, and the money raised will be shared between Headway and other local charities.

*Thanks to Dawn for all her hard work on the day, and for working with the Lions Club to get the event off the ground.*

**Do you need help after an accident?**

The firms of solicitors on this short list are all members of the Law Society's Accident Line Scheme and have solicitors approved by the Society's Personal Injury Panel.



Osborne Morris & Morgan Solicitors & Neurolawyers  
Danbury House  
West Street  
Leighton Buzzard  
Bedfordshire LU7 7DD  
Tel 01525 378177  
Fax 01525 851006  
Contact Tim Woolford  
[Link to website](#)

Nelsons Solicitors LLP  
Solicitors  
Provincial House  
37 New Walk  
Leicester LE1 6TU  
Tel 0116 2226666  
Fax 0116 2337822  
Contact Chris McKinney  
[Link to website](#)

Bray & Bray Solicitors  
Spa Place  
36-42 Humberstone Road  
Leicester LE5 0AE  
Tel 0116 2548871  
Fax 0870 3835023  
Contact Dawn Slow  
[Link to website](#)

Harvey Ingram LLP  
Solicitors  
20 New Walk  
Leicester LE1 6TX  
Tel 0116 2545454  
Fax 0116 2554559  
Contact Robert Rose  
[Link to website](#)

Freeth Cartwright Solicitors  
Imperial House  
108-110 New Walk  
Leicester LE1 7EA  
Tel 0116 2014000  
Fax 0116 2014002  
Contact Jane T Williams  
[Link to website](#)

*Please note that Leicestershire Leicester and Rutland Headway does not recommend any particular solicitor but is pleased to have the generous support of these five firms.*